

NHCS deals primarily with social activity rather than housing, financial or matters concerning transportation, or elder crisis. However, here is a list of services which has been compiled over the course of the last several years. Our plan is to make timely additions and/or amendments, as they are learned

This list contains links to external websites that are not affiliated with NHCS. NHCS provides these links as a courtesy to our website visitors and this should not be understood to be an endorsement

ORGANISATION	CONTACT
BC Centre for Elder Advocacy & Support Legal Programs provide services to people age 55 and over, who are not able to access legal help elsewhere due to low income or other barriers.	http://bcceas.ca/programs/legal-programs/
BC Centre for Elder Advocacy & Support. Seniors Abuse & Information Line (SAIL)	1-866-437-1940 (toll free) 8 am - 8 pm daily (excluding holidays). http://bcceas.ca
BC Council for Families	http://www.bccf.ca/
Canadian Mental Health Assn (CMHA)	http://www.cmha.bc.ca/
Crisis Society VI (Crisis line)	1-888-494-3888 email info@vicrisis.ca http://www.vicrisis.ca/community-resource-database
Elder Abuse – BC Government links	Helpful links
Elder Life Advocacy	250-591-3350 email: elderlife@shaw.ca http://www.elderlifeadvocacy.com

John Howard Society of BC	250-754-1266 http://johnhowardnanaimo.org/
Justice Access Centre	250-741-5447 http://www.ag.gov.bc.ca/justice-access-centre/nanaimo/
Legal Services Society	http://www.lss.bc.ca/legal_aid/index.php
Legal Services Society - Aboriginal Community Legal Workers	250-753-6578 http://www.povnet.org/node/3998
Nanaimo & Region Disability Resource Centre	250-758-5547 http://nrdrbc.org
Nanaimo Citizens Advocacy for help to fill out basic forms (e.g. Old Age Security)	250-753-2321 Monday to Friday, 9 am - 4 pm, #114-285 Prideaux St (across from Police Station in the basement of the Community Services Bldg, entrance off Prideaux)
Nanaimo Family Life Senior peer counselling Wellness group referred by physician; suicide, weekly group	250-754-3331 http://www.nflabc.org/
Nanaimo First Nations	http://www.snuneymuxw.ca/administration
Nanaimo Women's Resource Centre	250-753-0633 http://nanaimowomen.com
Povnet: Find An Advocate	Email: ncaa2@shaw.ca http://www.povnet.org/find-an-advocate/bc/vancouver-island/nanaimo
Public Interest Advocacy Centre of BC	http://www.bcpiac.com

SAFER - Shelter Aid for Elderly Renters	1-800-257-7756 http://www.bchousing.org/Options/Rental_market/SAFER
Seniors Telephone Visiting Society (outreach)	250-756-9455
Service Canada - for help filling out forms for Old Age Security/Pension/etc.	1-800-277-9914 (8:30 am - 4:30 pm) or Service Canada office at 60 Front Street, Suite 201, Nanaimo, BC
TRAC - Tenants Resource and Advisory Centre	http://www.tenants.bc.ca
VI HA SORT Seniors Outreach Team	250-755-3301